



SURVIVORS AND YOU'RE INVITED!

The American Cancer Society Relay For Life movement is the world's largest and most impactful fundraising event to end cancer. It unites communities across the globe to celebrate people who have battled cancer, remember loved ones lost, and take action to finish the fight once and for all. By walking around a track or path for up to 24 hours, individuals and teams raise money and awareness to help the American Cancer Society save lives. *Relay For Life is a special opportunity for survivors, caregivers, and loved ones to come together and celebrate life.*

Please join us. We want to celebrate you.

To kick off the event, a special lap is held to celebrate cancer survivors, followed by a lap in honor of caregivers. You and your caregiver are invited to join us for these laps and to stay for the rest of the event.

Visit relayforlife.org to learn more and to get involved.

Relay For Life of University of Puget Sound

UPS Baker Field
relayforlife.org/upswa
 April 28th- 29th

Relay For Life of Lewis County

Southwest Washington
 Fairgrounds
relayforlife.org/lewiscountywa
 May 19th-20th 4pm-4pm

Relay For Life of Gray's Harbor

Seabreeze Oval
relayforlife.org/graysharborwa
 June 2nd- 3rd 6pm-4pm

Relay For Life of East Gray's

Grays Harbor Fairgrounds
relayforlife.org/eastgraysharborwa
 June 2nd 6pm-12am

Relay For Life of Gig Harbor

Location TBD
relayforlife.org/gigharborwa
 June 9th-10th 6pm-10am

Relay For Life of Lakewood

Harry Lang Stadium
relayforlife.org/lakewoodwa
 June 9th-10th 6pm-3pm

Relay For Life of South Kitsap

South Kitsap High
relayforlife.org/southkitsapwa
 June 2nd-3rd 6pm-3pm

Relay For Life of Tacoma

Mt. Tahoma
relayforlife.org/tacomawa
 June 2nd-3rd 6pm-6pm

Relay For Life of Eatonville

Eatonville High School
relayforlife.org/eatonvillewa
 June 3rd-4th Noon to Noon

Relay For Life of North Mason

North Mason High
relayforlife.org/northmasonwa
 June 9th-10th

Relay For Life of Central Pierce

Franklin Pierce High
relayforlife.org/centralpiercewa
 June 16th-17th 6pm-3pm

Relay For Life of Shelton

Kneeland Park
relayforlife.org/sheltonwa
 June 17th 11am-11pm

Relay For Life of Thurston

Timberline High
relayforlife.org/thurstoncountywa
 June 23rd-24th 6pm-6pm

Relay For Life of Central Kitsap

Location TBD
relayforlife.org/bremertoncentralkitsapwa
 June 24th-25th 6pm-3pm

Relay For Life of Puyallup

Sparks Stadium
relayforlife.org/puyallupwa
 June 24th-25th Noon-Noon



Relay For Life of North Kitsap

North Kitsap High
[relayforlife.org/northkitsap
wa](http://relayforlife.org/northkitsapwa)
July 14th-15th 6pm-Noon

Relay For Life of Sumner/Bonney Lake

Sunset Chevrolet Stadium
relayforlife.org/sumnerwa
July 21st-22nd 6pm-Noon

Relay For Life of SE Thurston

Rainier High
[relayforlife.org/southeastth
urstonwa](http://relayforlife.org/southeastthurstonwa)
August 12th-13th Noon-Noon

Having cancer is hard. Finding help shouldn't be.

From the time of diagnosis, through the course of treatment, and even after treatment is completed, individuals diagnosed with cancer and their caregivers have a wide range of needs. The American Cancer Society understands those needs and can offer information, day-to-day help, and emotional support to help you through every step of the cancer experience.

Transportation assistance

Our Road To Recovery[®] volunteers provide transportation to and from treatment for people with cancer who are too ill to drive or whose family members, friends, and neighbors are unable to provide transportation.

Lodging During Treatment

Facing cancer is hard. Having to travel away from home for treatment can make it even harder. At the 31 American Cancer Society Hope Lodge[®] facilities across the country, cancer patients and their families can find help and hope. The Society also offers discounted and - sometimes free - lodging through partnerships with hotels.

Finding Hope and Inspiration

The Cancer Survivors NetworkSM, a global online community, transcends geographic boundaries and builds bonds among cancer survivors and caregivers through shared experiences and feelings.

Help with Appearance-related Side Effects

Look Good Feel Better[®] individual and group sessions teach cancer patients techniques to help restore their appearance, improve their self-esteem, and help them approach their disease and treatment with greater confidence.

YES, I am a survivor or caregiver and want to participate in my local Relay For Life event.

Name: _____

Address: _____

Phone: _____ Email: _____

If survivor, date of diagnosis: _____ Cancer type: _____

T-shirt sizes (for survivors): Small Medium Large X Large XX Large

I will attend the Relay For Life event in: _____

I am also interested in: Forming a fundraising team Serving on the Event Leadership Team

