

# MultiCare Good Samaritan Cancer Support Group

**When:** First Thursday of the month from 1-2:30pm

**Cost:** Free!

**Where:** Dr. Richard C. Ostenson Cancer Center  
400 15th Avenue SE  
Puyallup, WA 98372  
Conference Room

- Opportunity to connect with fellow survivors
- Receive and provide mutual support
- Learn coping techniques
- Educational component featuring monthly guest speakers covering various cancer-related topics

*This General  
Cancer Support  
Group is offered  
on a drop-in basis.  
For more information  
please call the  
Resource Center at  
253-697-4899*

**For anyone affected by cancer...**



Facilitated by Tamara Miller, MHS

*Tamara's objective is to provide a nurturing and positive environment that utilizes a strength-based approach to help participants process emotions and develop effective coping strategies while engaging with peers.*

88-5414-5 (8/18)

**MultiCare**   
**Regional Cancer Center**