

# Customized Treatments for:

- Wrinkles and Aging Skin
- Itching or Scaling Skin
- Dry, Dehydrated Skin
- Relaxation and Pampering
- Red, Tender and Peeling Skin
- Inflamed Radiation Area Skin
- Scalp Pain or Itchiness Associated with Hair Loss
- Thin, Fragile Skin
- Dry, Cracked and Peeling Cuticles
- Acne Breakouts
- Increased Skin Sensitivity
- Any changes in the skin that occurs due to Cancer Therapies
- Make-up Techniques to Hide Color and Texture Changes
- Eye Brow and Lash Restoration
- Referral available for Post Mastectomy Areola Pigmentation

*We use products that are ingredient safe,  
fragrance free and gluten free.*



## EVERGREEN SKINCARE SOLUTIONS, INC.

*By Appointment at the  
following locations:*

**Women's Health  
and Breast Center  
St. Francis Hospital**

34503 9th Avenue South  
Suite #320  
Federal Way, 98003

**Jane T. Russell  
Cancer Care Center  
St. Anthony's**

11511 Canterwood Blvd NW  
Suite #40  
Gig Harbor, WA 98332

**Breast Cancer Resource Center**

3502 S. 12th Street, Suite A  
Tacoma, WA 98405

**Sound Options**  
*(In-Home Care)*

**To Book an Appointment  
Call Becky at**

**253.405.5810**

[www.SkinCareByBecky.com](http://www.SkinCareByBecky.com)



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## SkinCare Therapy Important Facts



Illness, medical treatments and medications can all deplete the skin of essential nutrients, leaving it dry, uncomfortable and irritated.

People living with cancer often have a difficult time adjusting to the physical and emotional side effects of their treatment.

When your skin is compromised it needs specific products that are safe and gentle to coax your skin back to health without adding any additional strain or discomfort.

Certified Oncology Estheticians are trained to know the different side effects and how to manage them best with techniques that are safe and will not cause harm.

## Our Goal

Our goal is to provide you with a measure of Comfort, Compassion and Care. As we walk with you on your journey, we will guide and educate you while we treat the changes and challenges that occur in your Skin, Hair, Scalp and Nails.

# What is SkinCare Therapy?

SkinCare Therapy refers to a range of specialized treatments that use specifically formulated products that are safe for compromised skin. Together they will nurture and strengthen your skin, bringing it back to a more comfortable and balanced state.

## During and After Your Therapy

You will be taken to a warm, comfortable room, given privacy to put on a treatment gown where you will relax on a warm therapy bed; wrapped in a blanket with a special covering on your head. Your Esthetician will analyze your skin to determine the health and hydration levels and discuss any concerns you have. As your skincare therapy treatment is being performed, feel free to talk, ask questions, listen to music, rest your eyes or sleep. You will leave with a better understanding of how to hydrate, nourish and protect your skin.

*Too often we underestimate the power of a touch, a smile, a kind word, listening ear, an honest compliment or the smallest act of caring, all of which have the potential to turn a life around.*

*~ Leo Buscaglia*

# SkinCare Therapy Menu



## Facial / Skin Treatment

Customized facial designed to meet your skins current condition and needs. Includes hand and arm massage. *(50 min)*



## Hand, Foot and Scalp Treatment

This is a very relaxing, stress reducing treatment that uses essential oils, light body scrub and massage techniques on the hands, feet and scalp. *(50 min)*



## Brow and Lash Techniques

A make-up technique class that will teach you how to get the appearance of eyebrows and eyelashes during chemotherapy. *(30 min)*



## Caregivers Treat

The perfect way to say "thank you" to the people in your life that have been there for you when you needed them the most. *(50 min)*

## Complimentary Product Review Consultation

Bring in your current products so we can review them for ingredient safety and effectiveness. We can also recommend products to help you meet your specific goals *(15 min)*

*Prices are available on line or by calling Becky. Funds are available for those that need assistance.*