

Memory/Focus/Thinking Speed

(360) 480-1894

Private sessions/Workshops/Speaker

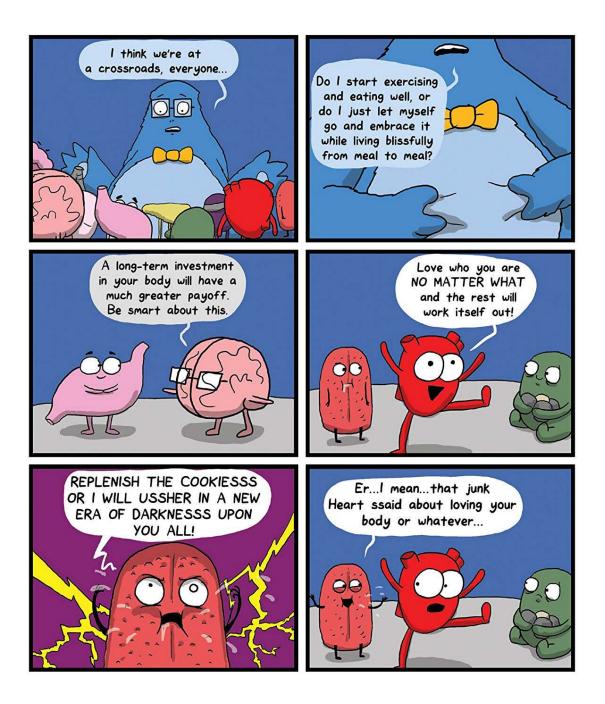
www.LindaTerryBrain Training.com

GUT HEAD

Directly engaged with the world Instinct and intuition / unselfconscious immediate / practical and direct Observing the world Inner life of logic / reasoning detailed future plans

HEART

Reaching out to the world Inner life of emotions / memories / images / visions / dreams





Prepare



Activate!



Reflect

Thank you for being here!

Social Connections are great for all three brains

Consider STEP Sharing Teens and Elders Project

> #Talk Story #Be Heard #Listen #Have fun!



A multi-generational program focused on the Art of Conversation